

CARDINAL PAIN CENTER PA
Vijay Arvind, MD

YOUR APPOINTMENT IS ON

DATE:

TIME:

LOCATION:

ARRIVAL TIME:

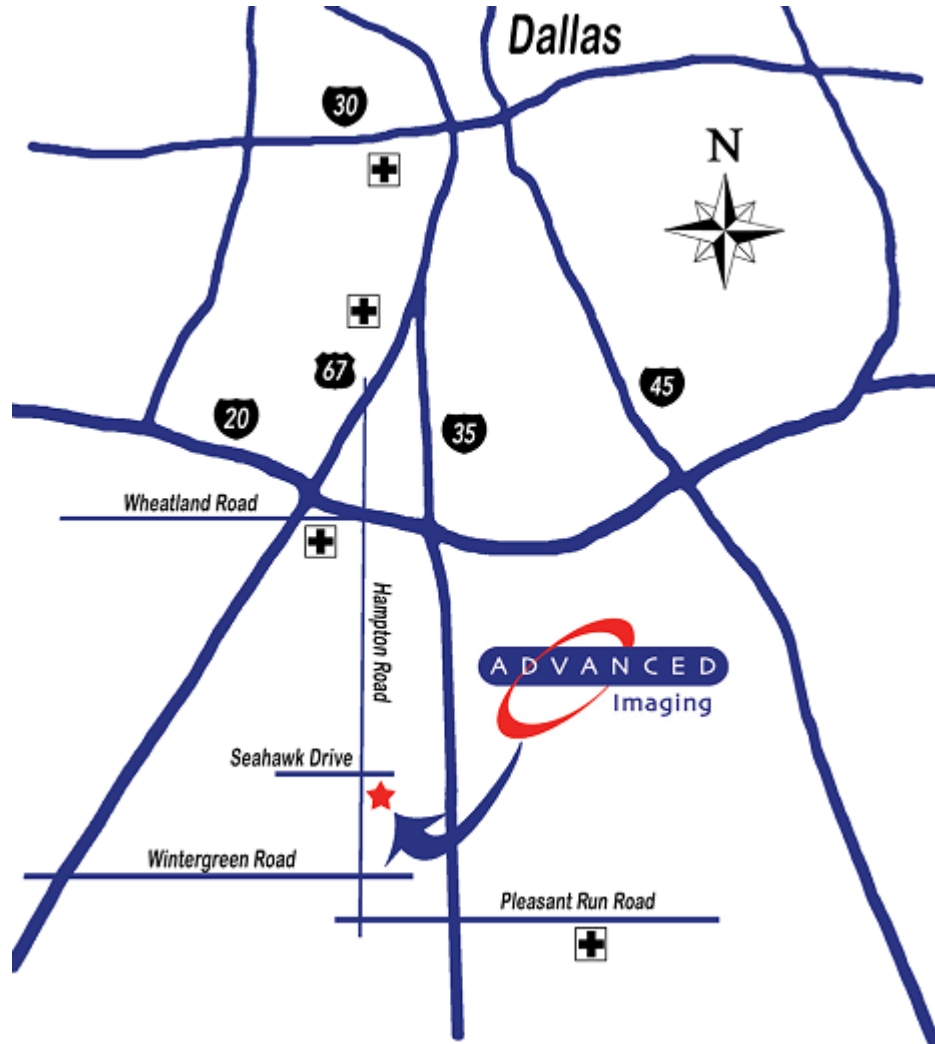
PATIENT INSTRUCTIONS PRIOR TO PAIN TREATMENT

1. Please arrive for your appointment at your scheduled time.
2. Please arrange a driver to drop you off and assist you home after your treatment. We cannot recommend driving an automobile or operating any type of equipment including household appliances for the afternoon and evening after treatment.
3. Do not eat or drink anything **6 hours** prior to your appointment. On the day of your treatment, please take all of your usual medications with a sip of water (unless specifically instructed otherwise) and bring them with you.
4. You will receive “relaxation medication” prior to your treatment to make your procedure more comfortable.
5. The treatment takes about 15 – 30 minutes, with an average observation time of about 45 minutes. Your total stay may be up to 2 hours.
6. It will usually take at least several days before you feel any improvement from your injection. You should expect some discomfort from the injection for the first 48 hours (or longer).
7. Please call 214-377-1753 for any changes or questions regarding your appointment.
8. **NOTE: If you are taking a blood thinner (Coumadin, Warfarin, Plavix, Heparin, Lovenox, Fragmin, Orgaran, Aggrastat, Tyclid) or any injectable blood thinner, please notify our office prior to your procedure for special instructions.**
9. **PLEASE SEE REVERSE FOR DIRECTIONS TO THE INJECTION FACILITY**

1411 NORTH BECKLEY AVE, PAVILLION 3 #474
DALLAS TX 75203
Phone: 214 377 1753
Fax:214 946 1988

Location of your Injection Appointment

Advanced Imaging is conveniently located at the corner of North Hampton Road and Seahawk Drive. From I-20, take the Hampton Road exit and go south for approximately one mile. Advanced imaging is located at 1750 North Hampton Road.



1750 North Hampton Road
Desoto, Texas 75115

Phone 214-420-5400
Fax 214-420-5401